

RMCA JANUARY MENU

2025

Chef Mikey Presents

My Kid's Lunch

A division of Michael's of Denver Catering

303-778-0916



Monday	Tuesday	Wednesday	Thursday	Friday
		New Year's Day 1	No School 2	No School 3
6	7	8	9 <i>Breakfast Bar</i> 100% Juice Dried Fruit Chicken Nuggets & Waffles Syrup Carrot Bites, Ranch Dip Orange Quarters	10 <i>Apple Cinnamon Bread</i> 100% Juice Fruit Cup Grilled Cheese Tomato Soup Seasonal Fruit
13 <i>Breakfast Bar</i> 100% Juice Fresh Apple Meatball Sub Marinara Sauce Hoagie Roll Carrot Bites, Ranch Dip Sliced Pears	14 <i>Maple Waffle</i> Dried Apples Fresh Orange Breakfast Sandwich Buttermilk Biscuit Egg Patty Cheddar Cheese Hash Browns Fresh Green Apple	15 <i>Vanilla Yogurt</i> <i>Honey Granola</i> 100% Juice Sliced Peaches Cheese Lasagna Roll Up Romaine Salad Italian Dressing Cinnamon Apples	16 <i>Oatmeal Round</i> Dried Fruit Fresh Banana Beef Soft Tacos Cheddar Cheese Tortillas, Salsa Refried Beans Orange Quarters	17 <i>Pumpkin Bread</i> <i>String Cheese</i> 100% Juice Applesauce Turkey & Cheese Croissant Cucumber Salad Seasonal Fruit
20 Martin Luther King Jr. Day	21 <i>Cocoa Puffs Bowl</i> Dried Apples Fresh Orange Grilled Hamburger Wheat Bun, Ketchup Baked Beans Sliced Peaches	22 <i>Lemon Poppyseed Bread</i> <i>String Cheese</i> 100% Juice Fruit Cup Pancakes, Syrup Sausage Patty Hash Browns Orange Quarters	23 <i>Breakfast Bar</i> Dried Fruit Fresh Banana Macaroni & Cheese BBQ Chicken Broccoli, Ranch Dip Fresh Green Apple	24 <i>Banana Bread</i> Yogurt 100% Juice Applesauce cup Mini Cheese Pizzabolis Marinara Dipping Sauce Cucumber Salad Seasonal Fruit

27	28	29	30	31
<i>Breakfast Bar</i> <i>100% Juice</i> <i>Fresh Green Apple</i> Chicken Potstickers Soy Sauce Carrot Bites Ranch Dip Sliced Peaches	Cheerios Bowl String Cheese Dried Apples Fresh Orange Seasoned Beef Chili Shredded Cheddar Homemade Cornbread Baked French Fries Pineapple	<i>Mini Bagels</i> <i>w/Strawberry Cream</i> <i>Cheese</i> <i>100% Juice</i> <i>Applesauce cup</i> Red Chicken Tamales Cheddar Cheese, Salsa Refried Beans Fresh Banana	<i>Cinnamon Roll</i> <i>Dried Fruit</i> <i>Fresh Banana</i> Chicken Parm Sandwich Marinara, Mozzarella Wheat Bun Romaine Salad Ranch Dressing Fresh Apple	<i>Apple Cinnamon Bread</i> <i>100% Juice</i> <i>Fruit Cup</i> Sun Butter & Jelly Sandwich Celery Sticks Ranch Dip Seasonal Fruit

****This institution is an equal opportunity provider.***

*****All meals are served with a choice of 1% or skim white milk. Chocolate milk is offered on Fridays.***

******This menu is subject to change based on item availability***

*******Shelf stable meal kits available upon request.***

Our menu items may contain milk, eggs, wheat, soy, sesame, fish or shellfish.